

Attention parents and students of Somerset Academy: for the months of August – September 2006 all 10th Grade Honors, 11th & 11th Grade Honors, 12th & 12th Grade Honors/AP are required to read the novel How to Read Like a Professor by Thomas C. Foster for SSR.

Parents please note this is the only novel required SSR novel we will be assigning. Afterwards, students may read their novels of choice.

Sustained silent reading (SSR) is a form of school-based recreational reading, or free voluntary reading, where students read silently in a designated time period every day in school. Successful models of SSR typically allow students to select their own books and require neither testing for comprehension nor book reports.

SSR has been shown to lead to many gains in reading achievement:

- Improved vocabulary
- Improved reading levels
- Improved comprehension

In addition, students who have been in SSR programs have been shown to have significant positive shifts in attitude towards reading, including reading more during the summer than students who did not have SSR programs.

